

JIM C – SPORTS TERMS

MONDAY - 08/29/2011

Coach John Wooden believed in playing to your full potential.

HOW DID THE TERM “*COACH*” ORIGINATE?

1556 – "Large kind of carriage" from Middle French *coche*, from German *kutsche*, from Hungary, where horse-drawn carriages were produced by the craftsmen of the Village of Kocs were highly favored by European nobility and known in Hungarian as "kocsi szeker" (literally "cart of Kocs"). Eventually, the word “*coach*” in English came to signify any sort of large carriage.

1830 – "Instructor/trainer" is Oxford University slang for a tutor or teacher who could help a student prepare for and take exams; ideally as if the student were carried forward by a swift “*coach*.”

1861 – "Athletic sense" to direct and instruct in sports, and by

1885 - The term was being applied to athletic trainers as well.

1866 – "Railway cars" lacking the amenities of first class (American)

1949 – "Economy or tourist class"

The term "coach" has been expanded greatly in U.S. English usage, especially in recent years, to include "personal coaches", "sales coaches", "life coaches", "investment coaches."

C. W.: Coach = One who instructs and strategizes athletic teams

Moment of Zen: A good coach helps get you to your destination