



JIM C'S QUIZ OF THE WEEK

MONDAY – 01/29/2007

January is “National Soup Month” in America, where we consume more than 10 billion bowls of soup each year. That’s a lot of soup!

HOW DID THE TERM “SOUP” ORIGINATE?

Wiktionary: *Soup* - “A dish made from various foods which are mixed together in a pot usually with broth and usually cooked.”

Online Etymology: "liquid food," 1653, from French *soupe* "soup, broth," from Latin *suppa* "bread soaked in broth."

6000 B.C. to Bronze Age - Various evidence, including residue sticking to pots, tells us man was regularly consuming soup.

600 B.C. - Greeks sold soup as a fast food on the street, using peas, beans and lentils as main ingredients.

Medieval / Middle Ages – *Suppa* was the Teutonic word for a thick stew poured on slices of bread, called *sop*, used to soak up the liquid.

18th Century - Portable soup was devised by boiling seasoned meat until a thick, resinous syrup was left that could be dried and stored.

1897 – Dr. J. T. Dorrance invented condensed soup for Campbell’s.

Conventional Wisdom: Soup = Ageless Nourishment

Moment of Zen: I’m hungry; is it soup yet? A fast food first!